

COMMENTS:

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31			
JAN																																		
FEB																																		
MAR																																		
APR																																		
MAY																																		
JUN																																		
JUL																																		
AUG																																		
SEP																																		
OCT																																		
NOV																																		
DEC																																		

0:15
OK

TREATMENT TIME PER SIDE (mm:ss)
TREATMENT RESULT CODES: OK=MINIMAL EFFECT;
LP=LIGHT PINK; SE=BURNS; ED=BURNS+EDEMA!

SOLAR SEASONS: (NORTH HEMISPHERE)
○ SUMMER SOLSTICE (MAX. UVB)
● WINTER SOLSTICE (MIN. UVB)
● EQUINOX

NAME: _____
YEAR: 2026